



The Deltona Legionnaire

Sgt David G Ledgerwood American Legion Post 255

Deltona, Florida

VOLUME 15 NUMBER 10

PAGE 1

October 2025

OFFICERS

Commander:

Pedro Rosario

1st Vice:

Dave Parry

2nd Vice:

Andrea Turner

Adjutant:

Joel Recu

Finance:

Joel Recu

Chaplain:

Loren King

Sergeant-at-Arms:

Tom Snyder

Service Officer:

Phil Loranger

Aux President:

Jamie Brady

ALR Director:

Vacant

Sons Commander:

Fred Lowry

Webmaster/Editor:

Vacant

From The Commander:

Hello everyone hope all is well. I finished the buddy checks except for Mark Wilson who pays later so we should be at 100% plus either now or very soon. I've been busy getting things together for Veterans Day and would love to have all hands on deck and in full uniform to represent Post 255.

Our Post officers meeting went well. There were 6 officers and 4 guests present. Ms Kelly Treadwell a teacher from Deltona Elementary came to speak to us about the flags in their classrooms.

Prayers for our 2nd Vice Andrea as she recovers from her hospital stay, our Chaplain Loren for his upcoming surgery, Mike Phelps as he recovers from surgery, John McDonald and Aux member Janice for speedy recoveries. I want to wish Tim Ellenbecker God Speed on selling his house, closing on his new house and moving to TN; you will be greatly missed.

For God and Country

Pedro Rosario, Commander

Gary Sturgeon
Agency Owner

Sturgeon Insurance Agency, LLC
GES Florida Insured LLC
2955 Enterprise Rd. Ste. 110
DeBary, FL 32713

386-224-1999
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Personal & Commercial
Insurance Agency

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BizCARD OF ORANGE CITY
386.218.5940

1209 SAXON BLVD. SUITE 4
ORANGE CITY, FL 32763
MON-FRI 10AM-5PM Closed Weekends
BCXORANGECITY@GMAIL.COM

From the ALA Unit:

An article was not received prior to publication.

ALR Ride Report:

Our Riders Chapter is in need of members. If you ride and are a member of the Post, Sons or Auxiliary you are eligible to be a member of the riders. We are currently below the minimum needed to have a Chapter. Please consider becoming a member of our Chapter.

IMPORTANT VA UPDATE

For those using the VA for their health care and/or are receiving VA compensation, you **MUST** login to My Healthy Vet regularly in order to maintain an active account. VA is planning an update to the system and if you have not logged in you may be removed from the system. If you are removed your VA health care and/or your VA compensation may be affected.

It is recommended that you login in monthly in order to maintain an active account and avoid any unnecessary disruptions of your health care and/or compensation. If you have never logged in this web address will provide you with a means to register.

myhealth.va.gov

From the Sons:

If you know of a Son of a Legionnaire or a Son of a veteran that would like to be affiliated with a veterans organization, please have them contact us. We are always looking to bring new members into our Sons Squadron. They can contact our Commander or any member of the Squadron for more information, Directing them toward our website is a great way to start or have them attend either the officers meeting or the general meeting to get a better feel for what we do. We would like to thank Mike Lawnicki for transferring into our Squadron and look forward to his participation.

Sons members are highly encouraged to complete the 5 Stars of service. For more info take a look at our info page on the website.

Our Finance Officer has resigned from this position effective Dec 31st. Any member of the Sons Squadron interested in assuming this position until the next elections needs to contact Commander Fred. Remember, without a Finance Officer the Squadron cannot do business.



CHARLES RUTENBERG
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Cross Words, from the Chaplain:

Greetings to all our Legionnaires, Auxiliary, SAL, ALR members and guests. I hope this newsletter finds you and your family healthy and well. September is behind us and October is in the air! Can anyone tell the difference, now that Fall is here?

It's been said, "Ah, September! You are the doorway to the season that awakens my soul...but I must confess that I love you only because you are a prelude to my beloved October." "October is the treasure of the year, and all the months pay bounty to her store...October is a hallelujah! reverberating in my body year-round".

Hello, and welcome to the month of October! It's the perfect month to start anew, embracing change and chasing your dreams. It is a reminder that it's never too late to change your story. And believe me! Change can be stunning and wonderful!"

Yes, change can and will be stunning and wonderful! We have two proposed contracts with the City of Deltona. One is for the Master Land Development Agreement and the other is a Land Lease Agreement for the land next to the Deltona Veterans Memorial Park and Museum. I have sent the Master Land Development out to all of our members and asked you to read it and make notes, questions, etc. to take back to the city, before signing. So far, NO ONE has responded to my request concerning this document. Even though there's been no response, I will be sending out the Land Lease Agreement proposal for your reading enjoyment and consideration. PLEASE read these documents over and participate in the process of acquiring our American Legion Family Center, in Deltona.

There are some important days to remember during the month of October besides our Post and Auxiliary meetings on October 4th. Yom Kippur is Oct 2nd; while Oct 13th we celebrate the US Navy birthday and Columbus Day; and we can't forget Oct 31st, it's spooky Halloween.

For our ALR Chapter the entire month of October is Merry-Go-Round Rides, raising funds for Children and Youth and Boys/Girls State transportation. Other activities and events will be discussed at our general meeting. We'll hope to see you all there.

Now turning to the Scripture, we are still looking at Psalm 91: 5-6. here we read, "You will not be afraid of...the pestilence that stalks in darkness".

The third category of evil God names is pestilence. This is the only evil He names twice! Since God doesn't waste words, He must have a specific reason for repeating this promise. I'm sure you have noticed that when someone says something more than once, it is usually because he wants to emphasize a point. God knew the pestilence and the fear that would be running rampant in these end days. The world is almost overrun with fatal epidemics, hitting people by the thousands, so God catches our attention by repeating this promise. If you look back you'll notice He said this in verse 3, "you are delivered from the deadly pestilence..." and now He says it again in verse 6.

This is so contrary to what the world pushes and teaches us. We must renew our mind and thinking. Only then can we understand that we do not have to be afraid of the sickness and diseases endemic to the world today.

When I first started studying this psalm, I thought, *I don't know whether I have the faith to believe these promises!* This thought stretched my faith and my mind until I thought it would snap like a rubber band. Then God reminded me that faith is not a feeling. Faith is simply *choosing* to believe what He says in His Word. The more I chose to believe God's Word, the more I *knew* that I could trust and rely on it completely.

Our inheritance is not limited to what is handed down to us genetically. Our inheritance can be what Jesus provided for us if we believe the Word and put it to work.

Paul wrote in Galatians 3:13, "Christ redeemed us from the curse of the Law, having become a curse for us."



The pestilence mentioned here in Psalm 91 is spelled out in detail in Deuteronomy 28. However, this verse from Galatians tells us that we are redeemed from every curse (including pestilence) if we will believe and appropriate the promise.

Never before in our history has there been so much talk of terrorism and germ warfare, but to the surprise of so many people, God is not shocked or caught off guard by these things. Long before man discovered biological weapons, God made provision for the protection of His people – if they would believe His Word.

The Apostle Mark tells us, “These signs will accompany those who have believed...if they drink any deadly poison, it will not hurt them” (Mark 16:17-18).

According to Strong’s Concordance, the word drink in this Scripture comes from a Greek word meaning “to drink, to absorb, to inhale or to take into the mind”. No evil has been conceived by man against which God has not provided a promise of protection, for any of His children who will choose to believe it and act on it.

I’m sure you have all found yourselves in conditions (even in survival training) where the food and water were questionable. Therefore, God instructs us to bless our food and water before eating. It’s not simply some ritual to make us look more spiritual. But instead, it is another provision for our safety, playing an important role in God’s protective plan.

Keep in mind it is God’s goodness that made these provisions before we ever asked! This is not for everyone; it is for those who *believe and know the truth*. The Apostle Luke tells us, that one of the signs of the end times will be an outbreak of pestilence. And today we have many widespread diseases such as AIDS, COVID, cancer, malaria, heart disease, diabetes, tuberculosis, and scores more. Yet no matter what pestilence we might face, His promise never ceases to be true.

The enemy may try to cause sudden surprises to catch us unaware and knock us down, but God is faithful. His Word is true no matter what the circumstances look like at times.

What we allow our minds to dwell on is *our choice*. We must desire to operate in this protection covenant, taking authority over negative thoughts and emotions is imperative.

I’m sure the promise of protection from plagues and pestilence reminded the Jews of Israel’s complete immunity from the Egyptian plagues in the land of Goshen. The destroyer could not come in where the blood was applied.

“You will not be afraid of the pestilence that stalks in darkness-it will not approach you”.

Just something to think about.

Thoughts and prayers continue for:

Andrea Turner John McDonald Bud Faint
Anthony Paloini recovering from knee surgery

Loren King prepping for surgery (Nov. 11)

Janice Rosario recovering from back surgery

For God and Country

Loren King

Chaplain Post 255

"DUES NOTICE"

National raised the dues by \$5 last year. This forced the Post to raise its dues from \$45 to \$50 per year (this increase does not affect PUFL). Post dues is now \$50 per year. Please make a note of it when paying your dues.

Membership

Another year of membership drive is coming. Please remit your dues as soon as possible so that the Post can reach its goals quickly. Dues collection starts after the Convention so please plan to get your dues in. Cmdr Pedro will be doing his Buddy Check's again this year. Last year our Post attained 100% membership most of which was accomplished with the Buddy Checks. If you have the time he would appreciate the assistance.

Farewell

I wanted to take just a minute of the Post Families time to say thank you. I've been a member of the American Legion for nearly 30 years and a member of the Post for 21 years. At first I could not participate due to work commitments but slowly I was able to participate. Over the years I've held a number of positions within the Post and District and it was a learning experience that I take with me forever.

The Post Family has always been good to my family and I and I could not have asked for a better group of people to be associated with. I hope that I was able to help the Post along the way and I wish you all the best in your future endeavors. This will be my last edition of the newsletter so, finding a replacement is critical as I leave the state of FL on Oct 22nd. This Post is unique because you are small but do a lot and you include the entire family; never forget or let that die, it's what makes you stand out from the crowd.

All my best to the Post Family and your families...

Tim Ellenbecker

Park Cleanup

On the 3rd Fri of each month members are asked to find a few minutes and come to DVMP to walk the grounds and pick up trash and move debris that may have fallen on our displays. We start at 10a and it doesn't take more than 20 minutes to accomplish this. Please find some time to come out once a month and help. The more folks that come out the less time it takes to accomplish this; many hands make light work.

Post Home

We have positive movement where it concerns property for our Post Home. The City Commission voted unanimously to lease the 2.5 acres adjacent to the Veterans Park to the Post for 100 years; amount is still to be determined but the Mayor is requesting for \$1 per year. This is a huge step toward having a Post Home. Once the lease is signed we can actively solicit for grants to help us build our Post Home.

A huge thank you to Loren, Pedro and a number of other members who tirelessly petitioned the city for an agreement; your efforts have not gone unnoticed!

Webmaster

The post maintains a website to keep its members, veterans and prospective members up to date on what the post is doing and will be doing. The website is full of good information from community events to veteran services. If you forgot when and where, check the website there's a very good chance the information is just a click away.

Additionally, Sue sends a weekly email on Thursday to keep our members informed of what is happening over the weekend. That email also provides information on future events the post is either sponsoring or involved in. Please take a minute to review it before you discard it, thanks.

Email questions, comments, pictures or info to:

al255delton@al255deltona.org.

AL255DELTONA.ORG

Post Service Officer

An American Legion Post Service Officer (PSO) cannot file a claim, fill out a claim, review a current claim or represent a veteran with the VA unless they are accredited by the VA. Attending the American Legion PSO course does not certify or accredit a PSO to represent a veteran.

An American Legion PSO has a wealth of information. They can help a veteran find resources to assist them in whatever endeavor they are trying to accomplish. They can provide information concerning benefits, programs, and resources that may assist our veterans to survive a crisis, get VA assistance, and/or provide options for the veteran to consider. Once the veteran has spoken with the PSO and the veteran determines that they would like to proceed, the PSO can and will provide the points of contact for the program, person, or organization that can help the veteran. A PSO's greatest weapon is information and they have a ton of it!

The main office for the Volusia County Service Officer was moved to 211 Rich Ave in DeLand and the Deltona office is located at the Deltona Regional Library at 2150 Eustace Ave. The hours are Mon—Fri 8am to 5pm. 386-775-5205.

Veteran suicides are at epidemic proportions. Below is a suicide prevention number available if a veteran is struggling and finds themselves in that dark place. We cannot afford to allow a veteran in crisis to go by the wayside. Never leave a man or woman behind!

988 option 1 or 1-800-273-8255

When speaking to a veteran in need of reviewing their claim, paperwork or filing a claim refer them directly to the County Service Officer; this is what the PSO will do. If the veteran is looking for general information, benefits, resources or anything of that nature please have them contact the PSO.

The bottom line is; the American Legion provides veterans with PSOs so that the information concerning benefits, programs, and discounts can be widely disseminated. Please utilize this resource.

Editor

If you have information for the newsletter please get that to the editor before the 20th of the month. This gives the editor time to edit/adjust the newsletter. Pictures are always welcome. If you have them forward them to the editor and/or the Historian for inclusion in the newsletter and our yearbook.

Any items that require correction need to be brought to the editors attention so that a correction can be posted in the following months newsletter.

Here's a link to the Department of Florida newsletter: floridalegion.org/newsletter

Veterans Museum:

Deltona Veteran's Museum is open on Saturday and Sunday from 1:00 pm - 4:00 pm. Our 1st Vice Dave is the Museum Director. We need **HELP!**. Members of the Post Family are asked to find the time to volunteer at the museum and lend a hand. This is a great way to meet the public, provide information and even promote the American Legion Family. A lot of our fellow Veterans visit the museum and it is a great way to reflect on their time in the military. Whether you served or were a dependent, your time will not be wasted. Please find time to come out and help keep the museum open and running.

***** In Search of *****

Our Historian, Webmaster and newsletter Editor is selling his house. He will be moving out of state this fall. This leaves the Post with a huge vacancy that should not be vacant. If there is a member who would be interested in assuming these duties please step up as soon as possible and inform the Commander. It would be beneficial for the new Historian, Webmaster and Editor to sit with the outgoing member for a one-on-one session for the best possible turn-over.

Dates to Remember:**Oct - Observances: Columbus Day, Halloween.
Celebrations: US Navy Birthday.**

4th Post & Aux general meeting 10am at Cross Walk Church.

7th ALR/Sons meeting 7p at Cross Walk Church

9th VCEP meeting 6pm DVMP

11th WWA fundraiser

13th Columbus Day and US Navy Birthday.

16th thru 19th Biketoberfest

17th Park cleanup 10am at DVMP

18th Cross Walk Church Fall Festival

26th Post officer meeting 4pm at DVMP

28th Riders/Sons Officers Meeting 9am at Cocky Rooster.

31st Halloween

**Nov - Observances: Veterans Day, Thanksgiving.
Celebrations: US Marine Corps Birthday.**

1st Post & Aux general meeting 10am at Cross Walk Church.

2nd Yom Kipper

4th ALR/Sons meeting 7p at Cross Walk Church

7th thru 14th Volusia County Fair

8th District 17 meeting

9th Frogmen MC Poker Run

10th US Marine Corps Birthday

11th Veterans Day

13th VCEP meeting 6pm DVMP

21st Park cleanup 10am at DVMP

22nd Auxiliary Bake Sale

25th Riders/Sons Officers Meeting 9am at Cocky Rooster.

27th Thanksgiving

30th Post officer meeting 4pm at DVMP

Free Daytona Clinic For Low-Income, No-Health-Insurance Patients Has Moved

The Volusia Free Clinic, a volunteer-based community health center, has moved to a new location and is seeing low-income Volusia County patients who have no health insurance. The new location is 1901 Mason Ave, in Daytona Beach, Suite 110.

The new office is in Daytona Beach, and will give the clinic an opportunity to serve more patients, said Dr. Sam Cay, vice president of the Volusia Volunteers in Medicine, Inc., board.

Cay said the move was made possible in part by donations of money, medical equipment and office furnishings.

Volusia Free Clinic operates with volunteers and is looking for more help from medical providers, he said.

Typically, the clinic sees patients with arthritis, breathing problems, diabetes, heart disease and elevated cholesterol. Appointments must be made in advance. In addition to the website, people can call 386-316-2771.

its website includes contact information and guidelines for who may be eligible – including individuals making less than \$45,000 annually and couples living on less than \$61,000 annually.

Note: This article was printed in the Daytona News Journal and written by Mark Harper



Sept cleanup crew; Chaplain Loren and Adj Joel



★ **December 13, 2025** ★

National Wreaths Across America Day

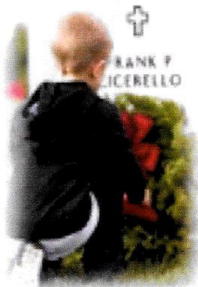
Help American Legion Post 255 Family
place a wreath on ALL Veterans gravesites at
DELTONA MEMORIAL GARDENS

\$17.00/wreath To sponsor wreaths:

Visit wreathsasscrossamerica.org/FL0523

Or: Scan QR code below

Or: Mail check payable to: Wreaths Across America
to: Sue King, 2770 Sadler Lane, Deltona, FL 32738
for more info call Sue 386-532-7915



**PLEASE JOIN US FOR THE WREATH LAYING
AT 12:00 NOON**



**POST 255 FAMILY
CHRISTMAS PARTY**



**All Post, Auxiliary, SAL, and Riders are invited
Bring your Family and Friends**

TUESDAY, DECEMBER 9, 2025

5:00 PM - 9:00 PM

PERKINS RESTAURANT, 1286 SAXON BLVD.



**WE WILL PURCHASE OUR OWN MEALS
AND CELEBRATE CHRISTMAS TOGETHER
WITH OUR OWN CRAZY GIFT EXCHANGE**

**BRING A WRAPPED
FOR OUR GIFT**



**UNMARKED GIFT
EXCHANGE**

\$15.00 Limit

(IF YOU BRING A CHILD BRING A GIFT FOR THEM)

**WE LOOK FORWARD TO SEEING YOU FOR
FOOD, FELLOWSHIP & FUN
WITH OUR LEGION FAMILY**



**COMMUNITY
PARTNERSHIPS
GOOD FOR BUSINESS
AND
GOOD FOR POST 255**

**WE ARE LOOKING FOR NEW
COMMUNITY PARTNERSHIPS**

We are working to establish more community partnerships with local restaurants, dry cleaners, oil change facilities and the like. As the list grows we will be sure to inform everyone. Also remember the businesses in The Deltona Legionnaire are strong supporters of Post 255. Thank you for doing business with those who support the American Legion and our Post.



**FOR GOD AND COUNTRY
AND OUR POST FAMILY**